

## WHO CAN RECEIVE MEALS?



- Elderly
- Shut-in
- Convalescent
- Handicapped

### To Apply for Meals

Call the Meals on Wheels Office  
at

732-249-3488

Make an appointment for an in-home assessment to determine if you qualify for the program.

### BOARD OF DIRECTORS

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March 2013

Meals on Wheels  
in Greater New Brunswick  
211 Livingston Avenue  
New Brunswick, NJ 08901

## MEALS ON WHEELS IN GREATER NEW BRUNSWICK

### PROGRAM INFORMATION

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Providing meals to  
the elderly and homebound in  
New Brunswick  
and  
Highland Park

Phone: 732-249-3488  
E-mail: [mowgnb@aol.com](mailto:mowgnb@aol.com)

Meals on Wheels in Greater New Brunswick is a not-for-profit organization delivering two nutritionally balanced meals each weekday to the elderly and homebound in New Brunswick and Highland Park. Clients are provided with meals regardless of their ability to pay but all clients are asked to contribute to the food cost if they are able.



**Meals on Wheels provides:**

- \* Two meals each weekday:
  - Hot noonday meal
  - Cold boxed supper
- \* Meals planned by a registered dietitian
- \* Delivery Monday-Friday between the hours of 10:30 a.m. – 12 noon
- \* Meals prepared by Promise Catering, a program of Elijah's Promise

**HISTORY**  
MEALS ON WHEELS  
IN GREATER NEW BRUNSWICK

In the fall of 1972, following a program sponsored by the American Red Cross on *Food for the Elderly*, community organizations in New Brunswick formed a planning committee and created a Meals on Wheels Program. Initial funding was provided by The New Brunswick Mutual Foundation. The American Red Cross and St. Peter's Hospital were the two sponsoring agencies for the new organization.

With St. Peter's Hospital preparing the food, volunteers delivered the first meals on April 16, 1973. The food continued to be prepared by St. Peter's until November, 2009 when Meals on Wheels contracted with Promise Catering, a program of Elijah's Promise in New Brunswick, to prepare the meals.

We now deliver 30,000 meals each year and are currently funded by government grants and private donations.

For the forty years since 1973, volunteers have contributed generously of their time which has enabled many elderly and homebound residents of New Brunswick and Highland Park to continue living in their own homes. Currently over eighty volunteers, community organizations and Rutgers University students participate in delivering meals.

**Please donate!**

**Meals on Wheels  
in Greater New Brunswick**

211 Livingston Avenue  
New Brunswick, N J 08901

Enclosed is my gift of tax - deductible gift of \$\_\_\_\_\_

*Please make checks payable to Meals on Wheels. \$85 provides meals for two weeks for a person in need.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

**Please volunteer!**

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E-mail: mowgnb@aol.com**