



EST. 1973

Meals on Wheels

in GREATER NEW BRUNSWICK

November 2015

Improve Contact Time



When you call the office to report that a client is not answering the door, please provide the client's last name to the person answering the phone. It will help us to get to the client faster.

Harvesting Nutrition with Meals on Wheels

For the second consecutive summer, the New Brunswick Community Farmers Market donated fresh produce four times throughout the summer, which arrived along with regular meals. The produce came from POP's Farm in Monroe Township, NJ, and bags were packed with an array of farm fresh fruits and vegetables including, peaches, blueberries, cucumbers, Zucchini, and lots of delicious tomatoes. Based on interviews conducted at the end of the program in 2014, most clients reported increased fruit and vegetable consumption as a result of the project and all clients stated that they wanted to participate in the program again. This unique "Farm to home" project was led by Sarah Dixon and Cara Cuite, both from Rutgers Cooperative Extension. Please contact cuite@aseop.Rutgers.edu with any questions about the program.

*You are invited
to join us for*

*Meals on Wheels
Volunteer Recognition Luncheon*

*Tuesday
November 17, 2015
At 12:30 P. M.
Hyatt Regency
New Brunswick*

*R.S.V.P. by November 6, 2015
732-249-3488 or
E-mail to mowgnb@aol.com*



Making a Difference.... The MOW Board is grateful for you who volunteer and for you who contribute financially.